



Education

Introduction to Spanish Conversation

Thursdays, Aug. 14 - 28 and Sept. 11 (4 weeks – no class on Sept. 4), 6:45 – 8 PM. Cost: \$109 (includes book and all supplies). Registration and payment deadline: Monday, Aug. 11. Instructor: Dan Hickman. From the first session, students will interact in Spanish with the instructor and with classmates. By the end of the course, students should be able to successfully handle several useful communicative tasks in Spanish.

Hypnosis: What it is and what it isn't

Monday, Aug. 18, 7 PM. Cost: Free. Registration deadline: Thursday, Aug. 14. Speaker: Dr. Michael Nash. Learn the process of hypnosis as a tool and one that psychologists can use in therapy as well as some of the myths and misunderstandings about hypnosis, some unexpected hypnosis uses and some examples of its effectiveness as a therapeutic tool in the treatment of patients.

General Neyland Presentation (Sponsored by Farragut Folklife Museum)

Monday, Aug. 25, 6 PM. Cost: Free – no registration required. Speaker: Andy Kozar. Join the Farragut Folklife Museum for an exciting evening of interacting with former University of Tennessee football player and staff member Andy Kozar. Kozar will be signing his book – “Football as a War Game: The Animated Journal of General R.R. Neyland” – from 6 – 7 p.m. and will give a presentation on the history of General Neyland and his contributions to the University of Tennessee football program at 7 p.m. in the Town Hall Board Room. Attendees can also enjoy tours of the Museum, including the new General Neyland and UT football exhibit (on display through late fall), and light refreshments.

Abduction Prevention

Tuesday, Aug. 26, 7 PM. Cost: Free. Registration deadline: Friday, Aug. 22. Speaker: Leo Torres, Jr. To arm yourself against an abduction, you must educate yourself and your children on how to avoid becoming a victim. Topics to be covered include how to stay safe in various scenarios – including driving and parking, walking to and from your parked car, and walking or running alone – and self-defense techniques. Participants must be at least 13 years old.

Abduction Reaction

Tuesday, Sept. 2, 7 PM. Cost: Free. Registration deadline: Friday, Aug. 29. Speaker: Leo Torres, Jr. Learn the basic knowledge to react and stay unharmed. Topics to be covered include the three D's of abduction and available tools for self defense. Participants must be at least 13 years old.

Kilowatt Ours

Tuesday, Sept. 9, 7 PM. Cost: Free. Registration deadline: Thursday, Sept. 4. Speaker: Kara East, Ijams Nature Center. Discover practical solutions for energy conservation and a history of mountaintop coal removal. Donations for Ijams will be accepted.

Organic Gardening

Tuesday, Sept. 16, 7 PM. Cost: Free. Registration deadline: Thursday, Sept. 11. Speaker: Peg Beute, Ijams Nature Center. This is a why, what and how workshop about gardening methods that reduce chemical use and improve soil conditions by natural methods. Donations for Ijams will be accepted.