



COVID-19 Community Center Guidelines for Gym Rentals for Contact Sports

If your answer is “YES” to any of the following questions, you cannot enter the facility:

- **EXPOSURE**
 - **Have you been told to quarantine/isolate** by a healthcare provider or the health department?
 - **Have you had face to face contact** for 10 or more minutes **with someone who has COVID-19?**
- **ILLNESS - Are you feeling ill and/or experiencing any of the following?**
 - **Fever** (prior to using a fever reducing medication)
 - **Cough, shortness of breath**
 - **New loss of sense of taste/smell**
 - **Vomiting or diarrhea** within the past 24 hours

Guidelines on safe return to play:

- Masks are required for spectators.
- Masks are requested for coaches.
- Masks are required for all participants and coaches prior to and after engaging in physical activity.
- Masks are not required for any participant engaging in physical activity.
- Cover your coughs and sneezes with a tissue or elbow if not masked.
- Wash your hands or use sanitizer before and after rental.
- Participants must vacate the court immediately after they have finished their rental.
- Do not congregate near entrances when waiting for your rental to begin.

Permitted:

- Elements or aspects of sports or activities in a manner that do not involve close contact with other persons.
- Maintaining 6' physical distance from other participants
- Bringing your own equipment and gear
- Bringing your own labeled water bottle

Prohibited:

- Sharing equipment
- Contact of any kind (including high-fives)
- Use of public water fountains



From the Tennessee Pledge:

For the time being, contact sporting events and activities are prohibited. "Contact sporting events and activities" are sports for which there is a requirement or substantial likelihood of routine, sustained close proximity or physical contact between participants. For example, some sports, such as wrestling are scored by impacting an opponent, while others, including football or rugby, require tackling of players. Others like basketball, soccer, lacrosse, competitive cheer, rugby, ice and field hockey, rowing, mixed martial arts, wrestling, boxing, and other combat sports involve participants being in close, sustained proximity and likelihood of physical contact.

"Contact sporting events and activities" does not include training or otherwise engaging in elements or aspects of such sports or activities in a manner that do not involve close contact with other persons.